

PSYCHOSOCIAL CONTEXT OF HEALTH and Nurses. + Communication Skills

1300 Psychology is of interest to nurses because.

Its subject matter is that of human behaviour. NURSES MEET PEOPLE EVERY MOMENT OF THEIR WORKING DAY.

The relationship with others into which nurses enter in the course of their work, make the job rewarding and interesting. Some of the people the nurse meets may behave in a manner which is difficult to understand. The nurse in turn needs to know her response.

Psychology seeks to understand why people behave, think and feel the way they do, individually and in groups, in all areas of life including health.

Psychologists not only seek to predict behaviour but also to change behaviours to enhance well-being